



# Parish of Ascension

## Department of Communications

### FOR IMMEDIATE RELEASE

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### Ascension Parish Government Partners with My Ascension Documentary to Raise Suicide Awareness In Honor of Suicide Prevention Month

**Gonzales, LA** - In recognition of **Suicide Prevention Month**, Ascension Parish Government is proud to partner with the impactful documentary **My Ascension**, which highlights the inspirational story of a local young woman, **Emma Benoit**. Through this collaboration, Ascension Parish aims to bring much-needed awareness to the issue of suicide prevention, particularly among young people, and to foster conversations on hope, healing, and mental health.

**My Ascension**, directed and produced by **Greg Dicharry**, who also serves as Community Engagement and Marketing Director for **The Grove Recovery Center**, follows Emma Benoit's powerful journey after surviving a suicide attempt and how she has since become a national advocate for suicide awareness. Her story is one of hope, resilience, and the vital importance of mental health resources.

Throughout September, **Ascension21** will be airing **My Ascension** to continue this critical conversation on mental health and suicide prevention and help promote the project's mission of reaching 1 million lives in 2024. The movie will air on the following dates and times:

Daily at Noon through September,

Sunday/Tuesday/Wednesday/Saturday at 6PM

\*All dates and times subject to cancellation due to live meeting coverage\*

"We are deeply committed to the mental health and well-being of our community, especially our youth," said Clint Cointment, Ascension Parish President. "Partnering with Emma Benoit and Greg Dicharry to share this story of hope through My Ascension aligns with our goal of raising awareness about the seriousness of suicide and providing resources for those in need."

Viewers are encouraged to watch **My Ascension** on **Ascension21**, engage in conversations about mental health, reach out for support, and help spread Emma's life-saving message of hope.

For more information on My Ascension, please visit [myascension.us](http://myascension.us).

#### About My Ascension

**My Ascension** is a documentary that shares the story of **Emma Benoit**, a young woman who survived a suicide attempt and is now dedicated to spreading a message of hope, healing, and mental health awareness. Through film screenings, social media content, and community conversations, **My Ascension** aims to touch lives and prevent suicide, particularly among young people.

#### About Ascension21

**Ascension21** is Ascension Parish's local government channel, dedicated to broadcasting public information, government meetings, and special programming to serve the Ascension Parish community.